

Valarie McKenzie LMT

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OBJECTIVE

Seeking position with progressive company where I can apply my leadership skills and professional experience as an injury care therapist along with general massage therapy skills.

Skills And Qualifications

National Certified License Massage Therapist with 20 years of exceptional skills as a injury care therapist using: NMT Neuromuscular Therapy reprogramming with EFT training, Progressive-active muscle testing-strengthening-function, Manual Therapy, Mobilization, Trigger point, strong focus in TCM Traditional Chinese Medicine, Somatics, Polarity Therapy, pregnancy and labor treatment massage care and a certified Doula. Experience with various Electrotherapy System equipment and physical rehabilitation services stretch-strengthening exercise treatment care. De-compression & Traction equipment, X-ray training and experience along with taking patients vitals. Many years experience with Hospice patients. Proficiency in working with Doctors, PA's, Physical Therapist, Chiropractic, Acupuncturist and medical professionals. Season in patient records, billing Auto insurance companies & Workmen's compensation. Strong management abilities. Excellent human relations. Background in promotional relations and advertising. Organized, focused, driven and disciplined. Construction experience in running crews, employees and projects with design imagery concepts. Design and creative artistic talents. General computer experience with Microsoft Office; Word, Outlook, Tools RG (physical therapy rehabilitation program) Microsoft Publisher, Photoshop. Publishing skills & design. Business Forms. Quick Books.

Employment	Massage Therapist , Canyon Ranch Spa <ul style="list-style-type: none">• Deep Tissue, pregnancy, scrubs, baths, Stone, Ashiatsu, aromatherapy to various others add on services.	<i>2006-present</i>
	Injury Care Therapist , Family Practice and Injury Recovery Center, Nevada <ul style="list-style-type: none">• Treatment care using Electrotherapy Systems equipment to x-rays.• Patient evaluations and treatment care plan, pool therapy, massage therapy. Daily patient care 25-40 patients.	<i>2005-2006</i>
	Ocean Breeze Therapy , Massage Injury Care Practice <ul style="list-style-type: none">• Auto accidents, Workman's Comp., Doula, pregnancy.	<i>1988-present</i>
	Gaia Quest Healing Arts , Spa Manager, Washington <ul style="list-style-type: none">• Responsible for ensuring spa operations efficiently.	<i>2000-2002</i>

Architectural Design/Contractor, Land/Home Developer, Washington. *1994-1998*
Designed, visionary, land investment, contractor.

- Collected bids, contracts, hired construction crews, ensured contractors are on schedule to meet agreed dead line, order and set up deliverers of lumber to cabinets.

Comet Studios, Comet Studios Consortium of Professionals and resources specializing in environmentally conscious architectural planning design & real estate development. Washington *1993-1995*

- Office manager managing staff and vendors, coordinating building projects, developed Comet Studios Client Workbook as well as worked on architectural remodels to custom residences.

Break Away On-Site Chair Massage, Massage therapist (Owner), San Diego. *1991-1992*

- Serviced various corporations, City of San Diego Paramedics 911, Kaiser Hospital with on-site chair massage.

San Diego Athletic Club, Massage therapist, San Diego. *1990-1991*

Quantum Self Image Chiropractor Health Center/Spa, Massage therapist, PR work, publishing and design work. Phoenix, AZ.

- Promotional Reprehensive for Health Spa, designer for all publishing work developed and injury care therapist trained by 2 top leading chiropractors on sports injury care and energy healing work in Phoenix.

Safeway's, Checker/Merchandise

1975-1988

Education

Ashiatsu	<i>2007</i>
EFT Therapy	<i>2003-2004</i>
Oriental Medicine for Massage Therapist	<i>2000</i>
Somatic Unwinding	<i>2000</i>
Seattle Midwifery Doula	<i>1999</i>
St. John Neuromuscular Therapy	<i>1998</i>
Massage Apprenticeship Program	<i>1995</i>
International Professional School of Bodywork	<i>1991</i>
Quantum Self Image	<i>1990</i>
Medical terminology	<i>1989</i>
Grossmont College Liberal Arts AA	<i>1976-1978</i>

Community Involvement	Hospice	1994-2005
	Sunrise Hospital Pediatrics'	2007
	Child Haven	2007
	Step It Up	2007

ADDITIONAL EXPERIENCE, STRENGTHS AND ABILITIES

Profile

- Strong management experience and abilities.
- Ability to direct complex projects from concept to fully operational status.
- Goal-oriented individual with strong leadership capabilities.
- Organized, highly motivated, and focus-driven problem solver.
- Proven ability to work in unison with staff, vendors and clients.